

DROWNING AND NEAR DROWNING

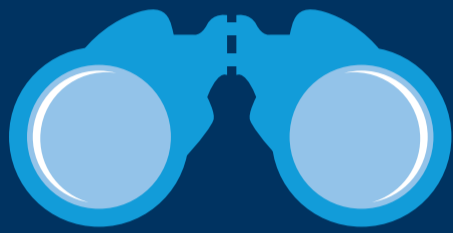
in Children (0-16)



78%
of the 60 children in the study were aged 0-4 years



90%
of all children who needed CPR received it



56%

of children aged 0-4 years had a near drowning (after a lapse of supervision) while they were in the pool area with their parent/carer



22%

of children 0-4 years gained access to the pool because the gate was propped open



48%
of all children had a history of swimming lessons

45%

of all children had water in the lungs, even those who were under the water for less than one minute



Always remember the **FOUR** drowning prevention strategies for children aged 0-4 years

1

Ensure constant adult supervision within arm's reach when children are in and around the water

2

Make sure your pool fencing is safe and don't prop the gate open

3

Water familiarisation is important but don't rely on it to save your child from drowning

4

Learn CPR

Even a small amount of water in the lungs can lead to serious health issues

If you would like to view the full report visit the Kids Health website at <http://kidshealth.schn.health.nsw.gov.au/>