

Burns prevention

Children's skin burns faster and deeper than adults

COMMON BURNS AND HOW TO PREVENT THEM



Hot food and drinks



Kettles



Stoves, microwaves and ovens



Heaters



Hair straighteners and appliances



Bath water



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The Sydney
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Burns first aid

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WHAT TO DO IF A BURN HAPPENS

-  Use cool running water for 20 minutes
-  Remove clothing and jewellery, if possible
-  Seek medical help or if you are concerned, call Triple Zero (000)
-  Never use ice, burn cream, toothpaste, butter or anything else



Ice



Burn cream



Toothpaste



Butter



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